

## WELCOME MESSAGE

He mihi tēnei ki te mana whenua o tēnei takiwā.

We acknowledge and pay our respects to the mana whenua of this area.

Kia Ora! It is my pleasure to welcome you to Aotearoa New Zealand for the **9th ASPIRE Masterclass on Endometriosis**. And to my home city, Tāmaki Makaurau Auckland, New Zealand's 'City of Sails', where our modern city centre is surrounded by sparkling harbours, native forests, beautiful beaches and scenic wine regions. The Māori population of Tāmaki Makaurau and the Pacific Island populations, with settlers from Europe and other parts of the world, represent a unique blend of cultures. An abundance of activities and adventures on Auckland's doorstep will excite attendees and may even entice you to stay on to enjoy one of the world's most sought after destinations.

As New Zealand's largest city, home to the world's largest Polynesian community, Auckland is the country's financial and economic powerhouse, and the gateway to the rest of the country.



**Professor Neil Johnson**  
Chair, ASPIRE 9th Masterclass



## PROGRAMME

THURSDAY, 22 FEB 2024 - PRE-MASTERCLASS LIVE SURGERY WORKSHOP		
VENUE: WHENUA PUPUKE, NORTH SHORE HOSPITAL, AUCKLAND, NEW ZEALAND		
0830 - 0845	Registration	Faculty
0845 - 0900	Introduction of the Live Surgery Workshop	Neil Johnson (New Zealand)
0900 - 1700	Live Surgery Workshop	Neil Johnson (New Zealand) Angela Aguilar (Philippines) Praveen de Silva (New Zealand)
FRIDAY, 23 FEB 2024 - ASPIRE 9TH MASTERCLASS ON ENDOMETRIOSIS DAY 1		
VENUE: KINGSTON ROOM, RYDGES HOTEL, AUCKLAND, NEW ZEALAND		
0800 - 0830	Registration	Faculty
0830 - 0840	Welcome Message from the 9th Masterclass Chairperson	Neil Johnson (New Zealand)
Fertility Aspects of Endometriosis: Setting the Scene		
0840 - 0900	The Factors Causing Infertility in Endometriosis and Their Relative Importance	Chii-Ruey Tzeng (Taiwan)
0900 - 0920	Diminished Ovarian Reserve and Its Prevention and Management in Endometriosis Related Infertility	Luk Rombauts (Australia)
0920 - 0940	Adenomyosis Versus Endometriosis – Their Relative Importance in Infertility	Angela Aguilar (Philippines)
0940 - 0955	Fertility Preservation for Endometriosis	Phill McChesney (New Zealand)
0955 - 1020	Fertility Counts	Neil Johnson (New Zealand)
1020 - 1050	Q&A and Discussion	All faculty above
1050 - 1110	Morning Coffee-Break	
1110 - 1130	Getting Pregnant Is Only Part of the Journey – Pregnancy Complications in Endometriosis and Adenomyosis, the Latest Evidence	Yutaka Osuga (Japan)
1130 - 1150	A Scientific Perspective on Driving Understanding and Innovation in Endometriosis-Related Infertility	Jane Girling (New Zealand)

## PROGRAMME

FRIDAY, 23 FEB 2024 - ASPIRE 9TH MASTERCLASS ON ENDOMETRIOSIS DAY 1		
VENUE: KINGSTON ROOM, RYDGES HOTEL, AUCKLAND, NEW ZEALAND		
1150 - 1210	Prevention of Infertility Related to Endometriosis – What Can Be Done?	Deborah Bush (New Zealand)
1210 - 1240	Innovation in diagnostics for endometriosis	Louise Hull (Australia)
1240 - 1300	Q&A and Discussion	All faculty above
1300 - 1400	Lunch	
Evidence Base on the Merits of the Different Fertility Treatments in Endometriosis/Adenomyosis?		
1400 - 1415	Laparoscopic Surgery	Angela Aguilar (Philippines)
1415 - 1430	IVF	Phill McChesney (New Zealand)
1430 - 1445	IUI	Emily Liu (New Zealand)
1445 - 1500	Lipiodol	Elizabeth Glanville (New Zealand)
1500 - 1520	Personalised Medicine in Treating Endometriosis/Adenomyosis Related Infertility - What Factors Determine Which Fertility Treatment Should Be Used?	Luk Rombauts (Australia)
1520 - 1550	Q&A and Discussion	All faculty above
1550 - 1610	Afternoon Coffee-Break	
Innovative medical treatments and their fertility impact		
1610 - 1625	GnRHa	Phill McChesney (New Zealand)
1625 - 1640	Letrozole	Emily Liu (New Zealand)
1640 - 1655	Progestins	Angela Aguilar (Philippines)
1655 - 1710	Pentoxifylline	Elizabeth Glanville (New Zealand)
1710 - 1740	Q&A and Discussion	All faculty above
1830	Welcome Dinner (Delegates and Faculty)	

## PROGRAMME

SATURDAY, 24 FEB 2024 - ASPIRE 9TH MASTERCLASS ON ENDOMETRIOSIS DAY 2		
Fertility Aspects of Endometriosis		
0830 - 0850	The Importance of Uterine Quiescence and Potential Role for Oxytocin Inhibitors	Luk Rombauts (Australia)
0850 - 0910	Approaches to Managing Adenomyosis to Resolve Infertility	Yutaka Osuga (Japan)
0910 - 0930	Approaches to Managing Endometriomas to Resolve Infertility	Chii-Ruey Tzeng (Taiwan)
0930 - 1000	Q&A and Discussion	All faculty above
1000 - 1020	Morning Coffee-Break	
1020 - 1040	Does the 'Fertility Diet' and the 'Fertility Lifestyle' Exist in Endometriosis?	Yutaka Osuga (Japan)
1040 - 1100	Reproductive Immunological Understanding in Endometriosis	Louise Hull (Australia)
1100 - 1130	Q&A and Discussion	All faculty above
1130 - 1230	Lunch	

# PROGRAMME

## SATURDAY, 24 FEB 2024 - ASPIRE 9TH MASTERCLASS ON ENDOMETRIOSIS DAY 2

### Developing the Tools to Promote Multi-Disciplinary Care in Endometriosis in Our Asia-Pacific Setting

#### What Is Crucial To A Genuine Network Of Expertise In Endometriosis

1230- 1245	Awareness	Deborah Bush (New Zealand)
1245 - 1300	Physiotherapy	Nicol Ranger (New Zealand)
1300 - 1315	Counselling and Psychosocial Aspects	Rebecca Kerner (Australia)
1315 - 1330	Dietary Care	Teresa Gudex (New Zealand)
1330 - 1345	Acupuncture	Vitalis Skiauteris (New Zealand)
1345 - 1400	Complementary Approaches Including Naturopathy	Loula George (New Zealand)
1400 - 1415	Fertility Care	Emily Liu (New Zealand)
1415 - 1430	High Level Surgery	Praveen de Silva (New Zealand)
1430 - 1445	Pain Management (including cannabinoids)	Siriruthai Amnatbuddee (Thailand)
1445 - 1500	Research	Cindy Farquhar (New Zealand)
1500 - 1515	Diversity Among Those Providing Endometriosis Care and Leadership in the Field	Jane Girling (New Zealand)
1515 - 1535	Afternoon Coffee-Break	
1535 - 1555	Consensus Process - Core Outcomes in Infertility and Networks of Expertise / Centres of Excellence in Endometriosis	Neil Johnson (New Zealand)
1555 - 1655	Break-out session: Key Components of 'Networks of Expertise in Endometriosis' and 'Fertility Preservation in Endometriosis'	
1655 - 1715	Consensus Discussion of: (I) The Essential Elements of an Aspire Catchment Network of Expertise in Endometriosis (II) Fertility Preservation in Endometriosis	Siriruthai Amnatbuddee (Thailand) and Neil Johnson (New Zealand)
1715 - 1725	Closing Remarks	

# INVITED SPEAKERS



**Professor Angela Aguilar**  
Professor 2 and University Scientist 1,  
University of the Philippines  
Philippines



**Dr. Siriruthai Amnatbuddee**  
Gynecologist, Reproductive  
Endocrinology and Infertility Specialist  
Srinagarind Hospital  
New Zealand



**Ms. Deborah Bush**  
Director of EPP Coaching  
and Consulting  
New Zealand



**Cindy Farquhar**  
Clinical Director, Fertility Plus  
at National Women's, Auckland  
New Zealand



**Ms. Loula George**  
Cofounder and Codirector,  
Mother-Well Holistic Health  
New Zealand



**A/Prof Jane Girling**  
Reproductive Biologist,  
University of Otago  
New Zealand



**Dr. Elizabeth Glanville**  
Sub-specialist in Reproductive  
Endocrinology and Infertility,  
Fertility Plus, Auckland  
New Zealand



**Ms. Teresa Gudex**  
Dietician, Women's Health and Fertility  
Nutrition, Auckland Gynaecology Group  
and Repromed Fertility in Auckland  
New Zealand



**Professor Louise Hull**  
Medical Director,  
Embrace Fertility Clinic  
Australia



**Professor Neil Johnson**  
REI subspecialist at Repromed  
Auckland, Auckland Gynaecology  
Group and Flinders Fertility  
New Zealand



**Ms. Rebecca Kerner**  
Chair, Australian and  
New Zealand Infertility  
Counsellors Association  
Australia



**Dr. Emily Liu**  
Fertility Specialist and  
Gynaecologist,  
Repromed Auckland  
New Zealand



**Dr. Phill McChesney**  
Fertility Subspecialist (GREI)  
and Laparoscopic Surgeon,  
Fertility Associates  
New Zealand



**Professor Yutaka Osuga**  
Professor and Chair,  
University of Tokyo  
Japan



**Ms. Nicol Ranger**  
Physiotherapist,  
Pelvic Health  
New Zealand



**Professor Luk Rombauts**  
Group Medical Director,  
Monash IVF Group  
Australia



**Dr. Praveen de Silva**  
Clinical Lead of Endometriosis and  
Minimally Invasive Surgery  
Waitemata Health District, Auckland  
New Zealand



**Dr. Vitalis Skiauteris**  
Acupuncturist,  
Dr Vitalis Acupuncture  
New Zealand



**Professor Chii-Ruey Tzeng**  
Founder & CEO,  
Taipei Fertility Center  
Taiwan

# REGISTRATION

We are thrilled to announce that registration for our upcoming masterclass is now open. This is your opportunity to secure your spot and gain access to a wealth of valuable insights and knowledge.

Do not miss out on this chance to enhance your skills and expand your horizons. Scan the QR code below to register and reserve your spot today:

Seats are limited and tend to fill up quickly, so we encourage you to act swiftly. We look forward to welcoming you to our masterclass and exploring new educational frontiers together.

REGISTRATION CATEGORY	REGISTRATION FEE		SCAN QR CODE
	ASPIRE Member	Non-ASPIRE Member	
Masterclass only	USD 510	USD 600	
Live Surgery only	USD 200	USD 250	
2 days Masterclass + Live Surgery	USD 610	USD 700	

\*Registration fees are inclusive of course materials and meals during the course.

#### CANCELLATION POLICY:

Refund of the registration fee will be as follows:

- Prior to 8th December 2023 - 50% refund of total registration fees
- From 8th December 2023 - no refund of total registration fees

Note: In case of cancellation at any stage, an administration fee of USD 35 will not be refunded.

For more information, visit <http://aspire-reproduction.org>

#### WELCOME TO AUCKLAND: A CITY OF DISCOVERY!

From the iconic Sky Tower that graces the city's skyline to the stunning coastlines and lush parks, Auckland offers a myriad of experiences waiting to be explored. Whether you are here for business or leisure, you are in for a treat.

Indulge in the city's diverse culinary scene, where you can savour a blend of international flavours and local delicacies. Discover the rich Maori heritage and learn about the indigenous culture that has shaped the region for centuries. And if you are a nature enthusiast, prepare to be amazed by the stunning landscapes that surround Auckland, from the black sand beaches of the West Coast to the volcanic wonders of Rangitoto Island.



Supported by:



# ENDOMETRIOSIS

23 - 24 FEBRUARY 2024  
RYDGES HOTEL, AUCKLAND, NEW ZEALAND